



January 11, 2021

Dear Parents & Guardians,

The State Board of Education requires instruction in child trafficking prevention and substance abuse education for students in grades K-12. Students in grades 6-12 are also required to receive five hours of mental health instruction every year. With the implementation of this plan, school districts must annually provide a plan and report on how students in grades K-12 receive education on these topics.

iFlagler's plan is to deliver these topics in a developmentally appropriate manner with the help and guidance of parents and families. The lessons, tips, activities, and strategies provided in the weekly Wellness plans will help families teach children how to identify and avoid unsafe situations, people, and behaviors. Students will also explore the processes of science and learn about the brain, the nervous system, and the effects of drugs on the body.

Since the intent of these lessons are focused on such serious, and often sensitive topics, we highly suggest that you take some time to review the lessons and materials prior to engaging in them with your child.

We will start this Education series on Wednesday, February 3rd. Our Wellness Wednesdays will be for all grade levels, K-12. Each grade level's lessons and activities will vary according to what is most appropriate for their age. Students will have the entire week to complete the assigned activity/lesson. For students in grades Kindergarten-5th, please click on the link to your child's grade level to access their Wellness Calendar.

- [Kindergarten Wellness Calendar](#)
- [First Grade Wellness Calendar](#)
- [Second Grade Wellness Calendar](#)
- [Third Grade Wellness Calendar](#)
- [Fourth Grade Wellness Calendar](#)
- [Fifth Grade Wellness Calendar](#)

Please complete and submit the [Notice of Completion Google Form](#) once your child has completed the lessons. If you have any questions about these requirements, please reach out to your child's school counselor or administrator.

Sincerely,

Erin Quinn & Jacquelyn Bynum
iFlagler Virtual School